Events for February
22nd - 26th

February 22nd - “Lazy Yoga” led by Maria Detwiler, Center for Counseling and Human Development

February 23rd - "State Employee Assistance Program (SEAP) - What's In It For Me?"
PowerPoint created by Wendy Bowersox, Human Resources

February 24th - “Mindful Minutes” facilitated by Dr. Daniel O’Neill and Dr. Joseph Lynch, Center for Counseling and Human Development

February 25th - Do Good. Feel Good. "Support Millersville University’s One Day Give"

February 25th - "#Marauder Foody Friday Recap" article written by Lauren Carlson, Student

Contact Wendy.Bowersox@millersville.edu for assistance.