

EVENTS FOR JANUARY 25 - 29

JANUARY 25
LAZY YOGA
&
AUDIENCE & PURPOSE IN
BUSINESS WRITING

JANUARY 26
JOURNALING
WORKSHOP*

JANUARY 27
MINDFUL
MINUTES

JANUARY 28
EXTREME COUPONING:
NEED YOUR PAYCHECK
TOMORROW TO GO
FURTHER?*

JANUARY 29
PAINT NITE
WITH ALISON*

This program is a partnership between the Office of Human Resources and the Employee Wellness Committee.

***Registration**
Required

