"Good-Hearted Living" Join us for

Dress Red

February 5, 2021

11:30 a.m. – 1:00 p.m. Zoom link will be sent closer to the program date. The first 100 to register will receive Dress Red promotional items.





RSVP to

employeewellnessevents@millersville.edu

Guest Speaker: Steve Wilson of World Laughter Tour presents: "Good-Hearted Living": an enjoyable program of stories, science, and audience participation. Steve explains, encourages, and inspires lifestyles of greater health, happiness and peace.

Raise your awareness about heart disease in women, its impact on women and how we can fight back by attending this fun and educational program sponsored by the Millersville University's Employee Wellness Committee.