

# Are you ready to Laugh? Join us for

## *Dress Red*

**February 5, 2021**

11:30 a.m. – 1:00 p.m.

Zoom link will be sent closer to the program date.

The first 100 to register will receive Dress Red promotional items.



**Guest Speaker: Steve Wilson of World Laughter Tour presents:** “Good-Hearted Living”: an enjoyable program of stories, science, and audience participation. Steve explains, encourages, and inspires lifestyles of greater health, happiness and peace.

Raise your awareness about heart disease in women, its impact on women and how we can fight back by attending this fun and educational program sponsored by the Millersville University’s Employee Wellness Committee.

**RSVP to**

[employeewellnessevents@millersville.edu](mailto:employeewellnessevents@millersville.edu)