Organized for Millersville University students and the community, the Academic Resilience Speaker Series offers a space for students to learn, rewind and be provided with actionable strategies and advice about academic success during these difficult times.

A Positive Psychology Approach to Difficult Moments

November 18th, 2020 at 12pm

Dr. Lisa A. House is a Professor of Counselling at Millersville University. She received her B.A. in Psychology from Princeton University in 2002, her M.S. in Clinical Psychology from Rutgers University in 2005 and her Ph.D. in Clinical Psychology from Rutgers University in 2008. Her special areas of interest include anxiety disorders, depression, substance abuse, and multicultural issues.

Registration Link: https://millersville.zoom.us/webinar/register/WN_2oXTBv3IRPaT-2R_P8dOkQ

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