

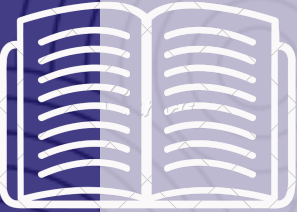


The Learning Institute  
"Advancing Global Social Justice and Human Rights"

Millersville University  
SCHOOL OF SOCIAL WORK  
BASW•MSW•DSW

Millersville  
University

DEPARTMENT OF  
ENGLISH  
College of Arts, Humanities, and Social Sciences



# Book Talk Series

Join Us

Wednesdays

10/7

10/21

11/4

via zoom

4:30-6:30 pm

Register

email your name  
and book title to  
learninginstitute@  
millersville.edu



In reading I'm  
Telling the Truth but  
I'm Lying by Bassey  
Ikpi together,  
participants will...

-Enhance  
compassion and  
empathy for self and  
others

- Enhance coping strategies
- Make meaning of larger issues
- Identify ways to effect change

## ABOUT THE BOOK

Bassey Ikpi breaks open our understanding of mental health by exploring shame, confusion, medication, and family in the process. Bassey looks at how mental health impacts every aspect of our lives—how we appear to others, and more importantly to ourselves.

## CO-FACILITATORS

Drs. Bertha DeJesus and Emily Baldys

## COST: FREE

Participants are responsible to purchase their own book and have basic craft materials such as paper and markers available

