



Strategies For Online Class Success

MILLERSVILLE UNIVERSITY | DEPARTMENT OF ACADEMIC ADVISEMENT & STUDENT DEVELOPMENT | SPRING 2020

To ensure the safety of our community, Millersville University has made the decision to move to alternate modes of instruction for a limited period after spring break. Your courses will be delivered remotely via D2L, Zoom, etc. Due to this transition, it is important to be proactive and prepare yourself so that you can be successful!

1. Find a Quiet Space- You need to designate an area that is free of distraction. When diversions are present, it may reflect in poor quality of work; hindering your education.
2. Figure out when you learn best- If you're a morning person, make time to study first thing. More of a night owl? Set aside an hour or two after dinner to cozy up to your computer.
3. Limit Social Media- Since the computer screen is your new classroom, it may be difficult to resist the temptation of scrolling through your notifications. Logging off and not having any social media pages up will help you focus on your reading and assignments.
4. Make a Study Plan- Set out a clear and achievable study plan and stick to it to it. Be organized and set a certain amount of hours per day or week into your schedule for studying.
5. Break Down Tasks- It is easier to retain small amounts of information at a time when you break the information down. Make a detailed calendar of what you will accomplish each day.
6. Take Notes- Just like in a traditional classroom setting, taking notes makes it easier to remember the information you need to retain.
7. Make Studying Enjoyable- Play non-vocal music, or treat yourself with something like coffee or a yummy snack. By starting your studying with something you enjoy, it makes the entire study session better.
8. Take Breaks- Schedule breaks of 5 or 10 minutes between study time. It helps to avoid strain and allows you get a breather and grab a snack or use bathroom. You stay on track while also getting a few minutes of peace and relief
9. Beat Deadlines- Set a strict guideline on assignments. If an assignment is due on a Monday, do not wait to do it until Sunday night. It creates unnecessary stress and anxiety
10. Teach others- the best way to measure your comprehension is to teach someone what you learned. Although you are not face to face with your classmates, you can use Facetime or teach a family member!
11. Treat studying like a job- Consciously choose to show up, absorb wonderful content available to you, schedule in assessments, lectures, tasks, and set and keep those boundaries.
12. Stay Healthy- At this time, health is of utmost importance. Our brain can only work to its fullest if our body is well. Eat healthy, get enough sleep, stay hydrated, and frequently wash your hands!

