Canada’s Great Trail

Regina, Saskatchewan to Vancouver
2,225 miles

Register your team now, 12 members maximum

Join the Employee Wellness Team as we "hike" Canada's Great Trail from Regina, Saskatchewan to Vancouver which is 2,225 miles. Each team will record its mileage to see how far it travels along the trail. Accumulate steps by walking, running, swimming, dancing, or whatever exercise you prefer.

Click Employee Wellness Events

employeewellessevents@millersville.edu