



THE CAMPUS CUPBOARD IS HOSTING A **Crock Pot Drive**

Help support the campus cupboard as we seek to end student hunger!

The Campus Cupboard is asking the Millersville Community to donate new (6-quart) crock pots to help students in need.

- Donations can be brought to the Campus Cupboard, located in the HUB, between the hours of 12-3 Monday through Friday.
- Crock pots will be accepted throughout the remainder of the semester.
- **Pro Tip:** Kitchen appliances are heavily discounted during black Friday and Cyber Monday.

If you have any questions please feel free to contact Alex Gomez at eagomez@millersville.edu

About Food Insecurity

- A 2019 survey of MU students indicated that 36.5% of students had low or very low food security, triple that of the national food insecurity rate of 11.1% (USDA, 2018).

- *Food Insecurity-* can be defined as a limited or uncertain availability of nutritionally adequate and safe food or limited or uncertain ability to acquire acceptable ways, due to lack of money or other resources (Payne-Sturges, Tjaden, Caldeira, Vincent, & Arria, 2018, p. 349).
- *Low food security-* Reports of reduced quality, variety, or desirability of diet. Little or no indication of reduced food intake (USDA, 2018).
- *Very low food security-* Reports of multiple indications of disrupted eating patterns and reduced food intake (USDA, 2018).