



## Schedule your *Know Your Numbers* Wellness Screening Today August 1 – December 31, 2019

Get valuable health information with the Get Healthy Program!

Complete a Wellness Screening before December 31, 2019.

Don't delay. **Employees enrolled in PEBTF medical, prescription drug and/or supplemental benefits** must complete a wellness screening to be considered participating in the Get Healthy Program for July 1, 2020 – June 30, 2021.

There are 3 ways to obtain your wellness screening:

- Onsite screening at select commonwealth worksites
- Quest Diagnostics® Patient Service Center
- Your doctor's office (more information on this option may be found on [www.pebtf.org](http://www.pebtf.org))

**To register for a Wellness Screening:**

- Go to [www.pebtf.org](http://www.pebtf.org)
- Click on the Get Healthy logo on the left and follow the instructions

A *Know Your Numbers* Wellness Screening Event is being held at this location:

Date: \_\_\_\_\_ Tuesday, October 15, 2019  
Time: \_\_\_\_\_ 9am-2pm  
Location: \_\_\_\_\_ SMC 114 Multipurpose Room