

# Racewalking Demonstration

with Jeff Salvage

Wednesday, May 1, 2019,

Noon at Biemesderfer Track

Inclement weather location is SMC Fitness Center

*When he is not teaching computer science at Drexel University while pursuing numerous consulting, writing, and creative projects, [Jeff Salvage](#) is an IAAF level 2 certified race walking judge and president of the USA Race Walking Foundation.*

To register for lunch with the walk by April 23, 2019 email [employeewellnessevents@millersville.edu](mailto:employeewellnessevents@millersville.edu) (You can attend the walk without registering for lunch.)

***Supervisors – please encourage your staff to attend, ensuring that your office remains open.***

