Give Yourself the Gift of Personal and Professional Growth this Holiday Season

PASSHE Academy offers webinars, teleseminars and email campaigns **free** to faculty and staff members and accessible **at your convenience**.

Our December programming offers several great opportunities to develop your professional talent while also taking care of yourself during this busy holiday season. Below is a list of programs available:

- Business Writing Skill Development
- Strategies for Becoming a Better Conversationalist
- Top 10 Productivity Hacks
- Crushing Performance Management Myths
- Developing Good Judgement with Michael Boyes
- De-stressing the Holidays
- Get Organized from the Inside Out
- How to Raise a Healthier Family

A registration link is provided within each program description below. If you are interested in accessing a program offered on a date that has already passed, please contact me.

Additionally, your feedback regarding future programming is needed! Please contact me to discuss training needs and interests for you and/or your team.

Thank you, and best wishes for magical holiday season!

Wendy Bowersox
Workplace Training Coordinator
717-871-4752
wendy.bowersox@millersville.edu





Over 90 % of programs offered can be accessed 24/7 from the distribution date.

CLICK to register online or call (610)738-0476 or email orgdev@wcupa.edu.

COMMUNICATION ENRICHMENT



Optimal Business Writing Skills (Pre-recorded Webinar)

December 4: Learn to identify the "pitfalls" of business writing and explore how to get started in the writing process. *CLICK* to register for this 20 minute video.



Strategies for Becoming a Better Conversationalist

(Pre-recorded teleseminar)

December 13: Michael Hyatt, CEO of Intentional Leadership, talks to us about the art of conversational ping pong. Learn five strategies to become a better conversationalist both in your professional and personal life. **CLICK** to register and gain access to this 30 minute audio.

PRODUCTIVITY ENRICHMENT

Top Ten Productivity Hacks (*Pre-recorded Teleseminar*)

December 11: Michael Hyatt, CEO of Intentional Leadership, speaks about his top ten productivity hacks and how they can make you not only more efficient, but more effective. *CLICK* to register for this 40 minute teleseminar.



LEADERSHIP ENRICHMENT



Crushing Performance Management Myths (*Pre-recorded Teleseminar*)

December 12: Learn how to maximize performance evaluation resources and processes by dispelling its myths. Uncovering the truths can result in a culture of high level performance through strategic alignment, effective communication, coaching, and self-assessment. **CLICK** to register for this 35 minute teleseminar.

Developing Good Judgment with Michael Boyes (Pre-recorded Webinar)

December 14: In this two part video series, Michael Boyes of Credo Consulting helps viewers to understand the intuitive decision making process; know when and how to rely on intuition; and apply techniques for building intuitive decision making capacity. *CLICK* to register for these 30-40 minute webinars.



PERSONAL ENRICHMENT



De-Stressing the Holidays (Pre-recorded Teleseminar)

December 7: Listen to insights and strategies to simplify the holidays and manage the anxiety that often comes with it-Including tips that will help you throughout the year. **CLICK** to register and gain access this 30 minute teleseminar.

Get Organized From the Inside Out (*Pre-recorded Webinar*)

December 10: In this 20 minute pre-recorded video, become empowered to identify, examine, and confront roadblocks to getting and keeping your space organized. Gain a foolproof method and action plan for customizing space to reflect who you are and what is important to you. *CLICK* to register.



WELLNESS ENRICHMENT



How to Raise a Healthier Family (*Pre-recorded Webinar*)

December 5: In this webinar, you'll find out how to master the keys to healthier family and learn how to get started on your family's journey to health and wellness. *CLICK* to register for this 20 minute video.

The WCU Office of Training and Organizational Development offers these programs and much more. We also provide just-in-time communications via social media.

LIKE us on Facebook. JOIN us on LinkedIn.