

# Daylight Savings Time Ends Sunday, November 4



*If I could turn back time...*

But wait, you can! November 4th ends daylight savings time, which means you can turn the clock back! How will you spend your extra hour on November 4th....or the time you'll no longer dedicate to mowing the lawn, weeding the flower bed or other outside chores?

Consider PASSHE Academy! PASSHE Academy offers webinars, teleseminars and email campaigns **free** to faculty and staff members and accessible **at your convenience**.

Our November programming offers several great opportunities to develop your technical and interpersonal skillset, including:

- ❖ Customer Service Skill Building (internal and external customers)
- ❖ Networking
- ❖ Leadership Development
- ❖ Career Planning
- ❖ Eating Well
- ❖ Plus, Bonus Articles Shown Below!



Each day we are presented with experiences that can teach us key aspects of leadership. As Halloween approaches, take a moment to think about how this fun, fall holiday can instill valuable lessons in leadership. Regardless of your role, these are 6 leadership lessons we can all take away from Halloween festivities.

**[Read "6 Leadership Lessons of Halloween"](#)**



November marks the start of *National Gratitude Month*! Challenge yourself to incorporate gratitude into your everyday life. Read about the power of gratitude, and check out our secret "Recipe for Gratitude," including four simple ingredients that when thrown together, can make your life that much "sweeter."

**[Read "The Power of Gratitude"](#)**

A registration link is provided within each program description below.

Additionally, your feedback regarding future programming is needed! Please contact me to discuss training needs and interests for you and/or your team.

Thank you, and happy growing!

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*Never stop learning, because life never stops teaching.*



## EDUCATE ENRICH EMPOWER

Professional Development Opportunities November 2018

Over 90 % of programs offered can be accessed 24/7 from the distribution date.

[CLICK](#) to register online or call (610)738-0476 or email [orgdev@wcupa.edu](mailto:orgdev@wcupa.edu).

### COMMUNICATION ENRICHMENT



#### 212 Degree Service *(Pre-recorded Webinar Series)*

**November 8 – November 22:** At work, when we talk about creating a service culture, most people focus on “customer satisfaction.” 212 Degree Service defines the service culture as not only serving the customers, but also serving each other. In fact, you’ll learn it’s impossible to have one without the other. Collectively and individually, develop a plan on how to implement and sustain a 212 degree service with one another and the customers you serve. [CLICK](#) to register for this video series.

#### How to Become a Dynamic Networker *(Pre-recorded Webinar)*

**November 29:** Master the components of dynamic networking, including dos and don'ts, examination and preparation, accessing your conversation, and discovering how to improve your skills. [CLICK](#) to register for this 15 minute video.



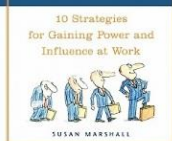
### LEADERSHIP ENRICHMENT

#### John Maxwell on Leadership *(Pre-recorded Webinar Series)*

**November 9 – December 7:** Watch John Maxwell, author of the best sellers 360 Degree Leader and 21 Irrefutable Laws of Leadership, as his tell-it-like-it-is approach to leadership both educates and entertains in these classic yet relevant short videos over 5 weeks. [CLICK](#) to register.



#### How to Grow a Backbone



#### Strengthening Your Leadership Backbone *(Pre-recorded Webinar)*

**November 14:** Whether you are a current or aspirant leader, learn the 10 powerful strategies that will bring you and others around you greater credibility, power and influence at work using Susan Marshall’s book, How to Grow a Backbone. [CLICK](#) to register for this 25 minute webinar.

## EntreLeadership *(Pre-recorded Teleseminar Series)*

**November 13 – December 4:** The EntreLeadership teleseminar series delivers lessons on business, team building, and leadership from internationally recognized subject matter experts. Receive links to four weekly podcasts so you can watch, reflect, and act on the information. Also, share the enrichment with your employees. Make learning a part of your culture as we build on excellence! [CLICK](#) to register.

## PERSONAL ENRICHMENT



### Embracing the Power Within with AnneMarie Kelly

*(Pre-recorded Webinar)*

**November 6:** Annemarie Kelly of the Victorious Women Project will help you to break through to success in life, work, and relationships by understanding the power you have now. You will also discover the one killer phrase that eats away at your power and learn the three power steps that get you tapping into your power. [CLICK](#) to register for this 20 minute video.

## Career Planning 101 *(Pre-recorded Series)*

**November 12 – December 3:** Career planning shouldn't begin when you are looking for a job. In this four week series, watch, listen, and learn the ins and outs of resume writing and effective interviewing skills that lead to success. You will also learn how to become a dynamic networker and manage your career. [CLICK](#) to register for these 20-30 minute audios/videos.



## WELLNESS ENRICHMENT



### Eat Well for Life *(Email Campaign)*

**November 5 – December 24:** This 8-week e-newsletter campaign is designed to improve your nutrition habits and build a better diet using the eight building blocks. [CLICK](#) to register for this email campaign.

The WCU Office of Training and Organizational Development offers these programs and much more. We also provide just-in-time communications via social media.

[LIKE](#) us on Facebook. [JOIN](#) us on LinkedIn.