

Self Care

@TheVille

Wednesday, Sept. 19, 2018

11 a.m.-1.p.m.

Location: SMC Patio (Rain Location: Robert L. Slabinski Atrium)

Join campus partners in working your way through the dimensions of wellness.

Learn about how to take care of yourself at the Ville! [#takingcareofme](#).

Students who actively participate in the event will receive a free t-shirt!

ELSIE S. SHENK

Center
for
Health Education
& Promotion
Millersville University



Millersville University
TOGETHER STRONG