

Employee Wellness Lunch & Learn
October 17, 2018
11:30 a.m. to 1:30 p.m.
Lehr Dining Room, Gordinier
*Flu shots will be available**

12 Noon **Media Detox**

Please submit questions for the speaker with your reservations

12:30 p.m. **Mindful Eating**

Please submit questions for the speaker with your reservations

11:30 a.m. – 1:00 p.m. **Flu Shots, Matisse**

***Flu shots available - registration is not necessary for a flu shot.**

Please register for lunch and presentations by emailing Employee Wellness Events
employeewellnessevents@millersville.edu,

Doors open at 11:30 a.m. for lunch; speakers begin at noon.

Supervisors – please encourage your staff to attend, ensuring that your office remains open.

