# Welcome Back!

The start of the 2018-19 academic year means the return of PASSHE Academy professional development options for our faculty and staff! As a reminder, PASSHE Academy webinars, teleseminars and email campaigns are free of charge to faculty and staff members of the 14 state universities. And because many of the sessions are pre-recorded, you can access the material anytime, anywhere, but most importantly AT YOUR CONVENIENCE.

Our September programming offers several great opportunities to develop your technical and interpersonal skillset, including:

- Keeping Your Cool in Tough Situations
- ❖ 8 Strategies to Maximize Email Communications
- How to Become a Dynamic Trainer
- Functional Facilitating with Jeanne McClellan
- The Leadership Challenge
- Reframing Success and Goal Setting
- Maintain Your Mind

A registration link is provided within each program description.

Additionally, your feedback regarding future programming is needed! Please click <u>HERE</u> to complete a brief assessment regarding training needs and interests.

Thank you, and happy growing!

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Over 90 % of programs offered can be accessed and shared 24/7.

**CLICK** to register online or call (610)738-0476 or email orgdev@wcupa.edu.

#### **COMMUNICATION ENRICHMENT**

**Keeping Your Cool in Tough Situations** (*Pre-recorded Webinar*)

**September 14:** When summer temperatures rose, we found ways to cool down. The same should apply for all "heated" situations. When faced with a tough situation, it's important to identify what is in your control and what isn't in order to avoid "overheating" and acting in ways that negatively impact you and those around you. In this webinar, you'll learn how to assess tough situations, identify what is (and isn't) in your control, and apply strategies to keep your cool. *CLICK* here to register for this webinar.





#### 8 Strategies to Maximize Email Communications

(Pre-recorded Webinar)

**September 18:** Your email is a direct reflection of you. Every email you send can add to, or detract from your reputation. If your email is scattered, unorganized, and filled with mistakes, recipients may perceive you as a disorganized, careless person. The perception others have of you is critical to your success, so it's important to understand the dos and don'ts of email communications to avoid sabotaging your reputation both personally and professionally. This video outlines 8 strategies to maximize your email communications. *CLICK* to register and gain access to this webinar.

#### **How to Become a Dynamic Trainer** (*Pre-recorded Webinar*)

**September 26:** If you are expected to impart your technical knowledge to others in formal or informal settings, then this webinar is for you. Learn how to apply the eight step "design and execution" training model - assess the training needs, set objectives, gather information, establish training method and design materials, design and produce a training evaluation, review evaluations, and modify the program. **CLICK** to register.



#### LEADERSHIP ENRICHMENT

#### **Functional Facilitating with Jeanne McClellan** (*Pre-recorded Webinar*)

**September 19:** Jeanne McClellan of JTaylor Consulting helps viewers explore facilitation techniques that are firm, fair, and focused. Review the basic skills for facilitating all types of groups, and detail the responsibilities of all facilitators. *CLICK* to register for this webinar.



The Leadership Challenge (Pre-recorded Teleseminar Series)

**September 27 – October 25:** Learn and apply the five founding principles in Kouzes and Posner's bestselling book, "The Leadership Challenge." 1) *Model the Way* 2) *Inspire a Shared Vision* 3) *Challenge the Process* 4) *Enable Others to Act* 5) *Encourage the Heart*. Make these five principles a part of your everyday success! *CLICK* to register and listen.

#### PERSONAL ENRICHMENT

**Reframing Success and Goal Setting** (*Pre-recorded Teleseminar*)

**September 20:** Gain access to this 40 minute teleseminar that helps listeners focus on what went right by taking the "Litmus Success Test" and gain free goal setting resources so that you can experience future success in all facets of your life! <u>CLICK</u> to register and share with those who can help you succeed.



#### **WELLNESS ENRICHMENT**



Maintain Your Mind (Email Campaign)

**September 17 – October 22**: This 6-week health challenge e-newsletter campaign is designed to empower individuals to take steps to preserve and promote brain health across the lifespan. Participants will learn about "brain basics", explore the lifestyle factors that contribute to maintaining a sharp, active and optimally functioning mind and discover how to integrate brain boosting activities into their daily routine. *CLICK* to register.

### **ADDITIONAL OPPORTUNITIES**



## **Bullying in the Workplace with Leah Hollis**

(Pre-recorded Webinar)

**September 28:** Leah Hollis, PhD., author of "The Bully in the Ivory Tower," shares what bullying is and offers insights to the problem in the workplace. Gain strategies on how to manage it through personal and organizational solutions. **CLICK** to register for this 10 minute webinar.

The WCU Office of Training and Organizational Development offers these programs and much more. We also provide just-in-time communications via social media.

LIKE us on Facebook. JOIN us on LinkedIn.