

# SAVE THE DATE

## Employee Wellness Lunch & Learn

October 17, 2018

11:30 a.m. to 1:30 p.m.

Lehr Dining Room, Gordinier

*Flu shots will be available\**

12 Noon **Media Detox**

*Please submit questions for the speaker with your reservations*

12:30 p.m. **Mindful Eating**

*Please submit questions for the speaker with your reservations*

11:30 a.m. – 1:00 p.m. **Flu Shots, Matisse**

**\*Flu shots available - registration is not necessary for a flu shot.**

Please register for lunch and presentations by emailing Employee Wellness Events  
[employeewellnessevents@millersville.edu](mailto:employeewellnessevents@millersville.edu),

**Doors open at 11:30 a.m. for lunch; speakers begin at noon.**

*Supervisors – please encourage your staff to attend, ensuring that your office remains open.*

