

WHEN: Every Wednesday 3:00 p.m. - 4:00 p.m.

Starting February 14th (Students are more than welcome to join after Feb. 14th!)

WHERE: MU Counseling Center; 3rd floor Lyle Hall

This is an open group to all MU students to give and receive support. It is great opportunity to share ideas and strengthen your skills to succeed. Students will learn from facilitators and peers helpful ways to cope with personal challenges.

If you have any questions or if you would like to know more about this group, please contact Dr. O'Neill or Dr. Saunders at 717-871-7821