

FACULTY & STAFF ONLY

The SMC Fitness Center will be offering FREE YOGA to
MU Faculty and Staff



YOGA- Tuesday's 12:15-1pm

*These classes will run from 4/17-5/1

(NO class the week of finals)

For more info on these classes please contact Sara Burcin- Fitness Center
Manager @ sburcin@ssi.millersville.edu

Note: You do not have sign up for these sessions, just come to the fitness center
ready to yoga!