Dress Red Luncheon

February 2, 2018
11:30 a.m. – 1:00 p.m.
Lehr Dining Room, Gordinier Hall

A meal will be served at noon
Cost is $8 per person

RSVP by January 26th, 2018
employeewellnessevents@millersville.edu
Send your check payable to
Millersville University to
Dr. Julie Lombardi, WSSD or
Sylvia Lepore, HR

Menu: Buffet of Chicken Diane;
Beef and Broccoli Stir Fry; Wheat
Spaghetti w/Vegetables; Rice Pilaf;
Roasted Vegetable Medley; Tossed
Salad; and Angel Food Cake

Guest Speaker: Dr. Kenneth
DeLucca, Professor in the Applied
Engineering, Safety & Technology
Department, Meditation Techniques

Raise your awareness about heart
disease in women, its impact on
women and how we can fight back by
attending this fun and educational
luncheon sponsored by the
Millersville University’s
Employee Wellness Committee.

Meditation - February 14, 21, 28 and March 7, 2018 12:15 to 12:45
Health Services, Witmer Building – 15 maximum – sign up at Dress Red Luncheon

Take a Hike 8 – February 12, 2018 to April 29, 2018 - register your team by emailing
employeewellnessevents@millersville.edu